Chapter 46: Regime Channels

Introduction

Regime channels refer to alluvial channels that have attained a state of dynamic equilibrium with the flowing water and sediment load. In such a condition, the channel geometry (width, depth, slope, shape) adjusts naturally to the prevailing discharge and sediment transport conditions over time, minimizing erosion or deposition. Unlike rigid boundary channels, regime channels evolve with time, responding to flow and sediment changes. This concept is central to understanding natural river behavior, irrigation canals, and designing stable artificial channels in alluvial soils.

The theory of regime channels is critical for hydraulic engineers as it offers empirical and theoretical bases for predicting the dimensions of stable channels and understanding river morphology.

46.1 Characteristics of Regime Channels

Regime channels exhibit the following key features:

- Equilibrium Condition: The rate of sediment transport is balanced with the sediment supply.
- Adjustable Boundaries: The bed and banks consist of erodible material (usually alluvium) and adjust over time.
- Stable Cross-Section: Although meandering may still occur, the cross-section reaches a relatively stable form.
- Self-Forming Nature: The channel forms and maintains itself through feedback mechanisms between flow, sediment transport, and boundary geometry.

46.2 Types of Regime

46.2.1 Initial Regime (or Semi-Regime)

This occurs when only the bed is in equilibrium, but the banks are not fully adjusted. The channel may still widen or narrow as the flow continues to act on the banks.

46.2.2 Final Regime (or Full Regime)

A channel reaches final regime when both bed and banks are stable, and all geometric properties (slope, width, depth) remain consistent over time for a

given discharge and sediment load.

46.3 Regime Theory

The regime theory was developed primarily by British engineer G.L. Kennedy (1895) and later advanced by R.L. Glover and G.O. Blench. It uses empirical relationships derived from observations of stable irrigation canals.

46.3.1 Kennedy's Theory (1895)

- Basis: Developed from observations of Upper Bari Doab Canal in India.
- **Assumption**: Sediment is kept in suspension by eddies generated from channel bed.
- Key Relationship:

$$V = m(y)^{0.64}$$

- Where:
 - -V = Mean velocity (m/s)
 - -y = Flow depth (m)
 - -m =Critical velocity ratio (depends on sediment size)
- Limitations:
 - Empirical, not generalizable beyond Punjab canal system.
 - Does not consider bed load movement or sediment concentration explicitly.

46.3.2 Lacey's Theory (1930)

- More comprehensive and widely used.
- Developed from extensive observation of Indian canal systems.
- Assumes a regime channel is in full equilibrium with sediment load and discharge.

Key Equations:

1. Velocity Equation:

$$V = \sqrt{\frac{Qf}{140}}$$

2. Area Equation:

$$A = \frac{Q}{V}$$

3. Wetted Perimeter:

$$P = 4.75\sqrt{Q}$$

4. Hydraulic Radius:

$$R = \frac{2.5V^2}{f}$$

5. Slope Equation:

$$S = \frac{f^{5/3}}{3340Q^{1/6}}$$

Where:

• Q = Discharge (cumecs)

• f = Silt factor (depends on sediment size)

• V = Mean velocity (m/s)

• S =Slope of channel bed

Silt Factor Calculation:

$$f = 1.76\sqrt{d}$$

Where d is the mean particle diameter in mm.

46.4 Comparison Between Kennedy and Lacey Theories

Aspect	Kennedy's Theory	Lacey's Theory
Type	Semi-theoretical	Empirical
Sediment Consideration	Only eddy-based suspension	Silt factor explicitly included
Geometry	Only depth-related	Full geometry (depth, width, slope)
Applicable Conditions	Punjab canal system	More general for Indian alluvial canals

46.5 Blench's Regime Theory

Blench developed a generalized version of regime theory by incorporating bed material size and sediment transport data.

- **Key Idea**: Equilibrium is a function of both discharge and sediment size.
- Includes the concept of "suspended load regime" and "bed-load regime" channels.

Blench provided detailed regime charts to determine dimensions of stable channels, widely used in practical designs of irrigation canals.

46.6 Stable Channel Design Using Regime Equations

The design process includes:

- 1. Estimating discharge Q
- 2. Selecting silt factor f from sediment size
- 3. Using Lacey's equations to calculate:
 - Velocity V
 - Area A
 - Perimeter P
 - Slope S

Then, based on geometry, cross-section dimensions are calculated. Adjustments are made based on side slopes, freeboard, and canal type.

46.7 Factors Influencing Regime Conditions

- Discharge variability
- Sediment load (quantity and gradation)
- Vegetation on banks
- Bed material composition
- Channel alignment (meandering tendency)
- Man-made interventions (weirs, barrages, etc.)

46.8 Application in River and Canal Engineering

- Designing irrigation canals in alluvial plains
- Predicting river migration and meander formation
- Stabilizing river training works
- Determining appropriate bank protection methods

• Planning desilting measures in unstable reaches

46.9 Limitations of Regime Theories

- All regime equations are **empirical**—valid mostly under conditions from which they were derived.
- They do not consider cohesive bank materials (e.g., clayey soils).
- Cannot predict sudden changes due to floods, dams, or sand mining.
- Require long-term field data for accurate calibration.

46.10 Recent Developments

Modern computational methods and sediment transport models (e.g., HEC-RAS, MIKE11) have enhanced the understanding and application of regime concepts by:

- Allowing simulation of dynamic flow and sediment transport
- Modelling bank erosion and meander migration
- Integrating **remote sensing and GIS data** for large-scale channel monitoring

Yet, traditional regime theories still form the **conceptual backbone** of channel design in many parts of the world.